



NORTHEAST TEXAS PSYCHIATRY

Our Standard of Care

Northeast Texas Psychiatry is a physician-led practice. All psychiatric evaluations, diagnostic decision-making, medication management, and psychotherapy are performed directly by physicians.

We believe psychiatric medicine is the practice of nuanced clinical judgment applied to the complexity of human lives.

Every patient - regardless of diagnosis, cognitive status, or level of functioning - deserves to be addressed as a person, not managed as a task.

Psychiatric care requires more than prescribing. It requires complex diagnostic reasoning and differential assessment, as well as medical accountability.

We carefully weigh the risks and benefits of psychiatric treatment, particularly in medically complex cases, and prescribe cautiously with attention to long-term health and overall functioning.

We hold deep respect for primary care physicians and medical specialists who oversee comprehensive medical care. When appropriate, we coordinate with other treating clinicians to ensure alignment with a patient's broader medical needs.

We practice with humility. When something is uncertain, we say so. When a diagnosis evolves, we explain why. When treatment changes, we walk patients and families through our reasoning.

Our approach is deliberate and respectful. Decisions are made carefully, explained clearly, and developed collaboratively with patients and, when appropriate, in coordination with other treating clinicians. Safety guides each step.

This is the standard we hold ourselves to.

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